Our quarterly meeting will be held at Christ Lutheran Church, 1400 Western Avenue, across from Stuyvesant Plaza in Albany. A social hour will begin at 5 P.M., followed by supper and a short business meeting. We request that people with last names A-H bring a hot dish, I-P bring a dessert, and people Q-Z bring salads or cold dishes. The chapter will provide drinks and tableware. A small fee of $3.00 for individuals and $5.00 for couples will be collected to offset expenses, and there will be a 50-50 raffle. Call Kathleen Helfrish at 279-9621 with any questions. Please make every effort to attend!

After the meeting, Christine Young, Esq., the new Executive Director of the Rensselaer Land Trust, will make a presentation about what a land trust is, RLT’s mission, and how it protects property and natural resources in Rensselaer County. RLT is an organization we hope to be partnering with in our chapter conservation and recreational activities. You will see several cross listed or co-sponsored activities in this and subsequent chapter outings lists.

Rensselaer Land Trust is a nationally-accredited not-for-profit organization for the purposes of protecting and preserving Rensselaer County real property which can be shown to possess significant natural features, scenic vistas, open spaces, natural habitats or agricultural significance, or historical or archeological value, by obtaining, possessing or exercising control over these areas and making them available for public purposes and of promoting their preservation and appropriate use. Of great interest to our chapter is the RLT’s recently published Trail Vision Plan for Rensselaer County, prepared by a coalition of trail enthusiasts: RLT, Rensselaer County Alliance for Trails, Rensselaer County GIS Department, and funded through the Hudson River Valley Greenway.

Annual Chapter Picnic Schodack Town Park

This year’s Picnic and Chapter Meeting will once again be held at the Schodack Town Park, on Thursday, June 24. The park is 1 mile north of the intersection of Rt. 150 and Rtes. 9 and 20. Turn right at Poyner Rd. The park has a pavilion and grill, which we have reserved, so it will be rain or shine. Two short hiking trails are adjacent, so come early if you like. Please bring your own meat, beverage, and a dish to share. Things will get underway around 5:00, but come when you can. See old friends and make new ones! Contact Sandra LoPresto at 518 758-2879 or slopres1@nycap.rr.com.

Chapter Conservation Activities

Art Fontijn, Conservation Chair, announces these co-sponsored activities as part of the Chapter’s conservation activities.

April 24, 9AM-Noon, Rensselaer Land Trust Earth Day cleanup along the Tomonhonok Reservoir, Raymertown, NY.

In observance of Earth Day, join the Rensselaer Land Trust for the third annual clean-up along the shores of the Tomhannock Reservoir, source of drinking water for Troy and many other Rensselaer County residents. Meet at the NYS DEC public access parking lot at the corner of NYS Route 7 and Lakeshore Drive in Raymertown (on the southwester corner of the Reservoir, just before the causeway as you drive east on Route 7). We’ll organize into groups, and each group will collect trash along a half-mile stretch of the shore. Garbage bags will be provided; bring something to drink and snack on while you work. Wear appropriate clothing (jeans, boots and gloves). We will work regardless of weather, so dress appropriately. This is sponsored by RLT, the City of Troy, and Stewarts. Contact Paul Schroeder at 674-2480 or pschroeder1@nycap.rr.com for information.

Saturday, June 12, 10 – 4, Schodack Island State Park Shoreline Cleanup

As part of the chapter’s green June initiative, we will do a Hudson River shoreline clean-up in Schodack Isaland State Park in Castleton, NY. The Park is providing heavy trash bags and a truck. Our presence and interest in the Park helps substantiate its value to the public, so bring your friends. Let’s have a big turnout. Please volunteer by contacting Arthur Fontijn, fontia@verizon.net, or 477-7992.
June Vermont Hiking Weekend

Join the Mohawk Hudson Chapter for a weekend in Weston, Vermont. A hike will be planned each day with time to explore the Vermont Country Store. We will be staying at the Colonial House Inn and Motel. Cost ($161pp to $190pp) includes 2 breakfasts, 2 trail lunches and 2 dinners, taxes and gratuities. For more information or to register contact leader, Randy MacDonald, randy04415@yahoo.com, or 766-7675 before 9 PM. Reservations need to be made by April 15 (Will fill up fast).

September Highland Center Weekend

Get out your calendars and save September 24-26 for the chapter weekend at the AMC Highland Center in Crawford Notch, NH. We have 3 types of rooms reserved: private double ($260pp); 4 person bunk room ($162pp); and bunks in the Shapleigh bunk house ($126pp). Rates include dinners Friday and Saturday, breakfasts Saturday and Sunday, and taxes. Contact Sharon Bonk to reserve your space with a $50 deposit. (sboqc@mindspring.com, 674-0042). Final payment is due in mid-August.

Mohawk-Hudson Chapter Outings

April - May - June 2010

Reminder: The Mid-Week Hikers welcome you to join them on their Wednesday outings which are not all listed on this schedule. If you would like to join this enthusiastic group, please contact Evelyn Dufur at 518-477-7132 for details.

Hiking at a Relaxed Pace (HARP) is a group that usually bikes on Wednesdays or Thursdays. If you would like to join this group, please contact Frank or Dee Wind 518-458-1781 or we_tell@verizon.net for details.

Remember to check amcmohawkhudson.org for updates or join our Yahoo group for email updates.

APRIL

Saturday, April 3, Hopkins Forest, Williamstown MA B-3-C
Rescheduled from hunting season, we will follow the Upper and Lower Loop trails and then take the 2 mile Hoosac River Trail for a total of 6 miles. Leader: Sharon Bonk, 674-0042, or sboqc@mindspring.com

Saturday, April 10, Albany Co. Preserves Exploration B-3-C
These three must-hike beauties are the Hollyhock Hollow Sanctuary, Hannacroix Ravine and Joralemon Park. All are unique in their own ways and this should be a day of easy hiking and exploration. They are in vicinity of Ravena and Selkirk. So, bring your sense of adventure and curiosity, your grandkids, and maybe a camera. Leader: Wally Herrod, 758-9463 or bwherrod@fairpoint.net

Sunday, April 11, Cycling: North County and Putnam County Trailways
40 miles round trip Pleasantville to Lake Carmel and back, or you can turn around when you want. Helmet required. The North County Trailway is paved with less than 2 miles on roads, suitable for road, hybrid and mountain bikes. It was once part of the Putnam Division of the New York Central Railroad. Leader: Ken Hubert, amc.leader@gmail.com, or 718-463-5675 (after 9:00 PM) or 518-827-7327 (Friday & Saturday).

Thursday, April 15, Deadline for June Vermont Hiking Weekend

Saturday, April 17, Alander Mountain MA B-3-B
The hike will start from Mt Washington State Forest. We will follow the Alander Mountain Trail to the mountain and take the loop back to the trailhead. The distance is 8 miles and the ascent is 1600 feet. Leader: Kevin Cox, 279-4839 (before 9:00 PM) or mmcloug1@nycap.rr.com

Thursday, April 22, Chapter meeting and potluck, Albany NY
See page 1

Saturday, April 24, RLT Earth Day clean up of the Tomohonok Reservoir. 9AM-Noon.
See page 1

Saturday, April 24, Upper Goose Pond, MA B-3-C
A five-mile round trip warm-up hike after the cold winter along the Appalachian Trail in Massachusetts. We’ll approach the pond from the south, with the option to spot cars on route 20 if there are enough participants. Leader: John Good, 399-7795, or wijgood3@gmail.com

Saturday, April 24: Berlin Mountain, Berlin, NY B-3-B
This will be a work day to groom a section of the Taconic Crest Trail for the up coming End to End hike on May 15th. We will start from Petersburgh Pass and hike south to the summit of Berlin Mountain and continue out via the Southeast Hollow access trail.6.75 miles; 1100’ascent. Leader: Phil Fountain, 371-8585, or pfounta1@nycap.rr.com
Sunday, April 25, Lye Brook Falls, Manchester VT C-3-C
Join us on this moderately paced hike to one of the highest waterfalls in Vermont. This time of year the water should be flowing nicely. Around 4 miles RT; ascent 1000 ft. Leader: Stacey Michon, rgril28@yahoo.com; Co-leader: Wally Herrod, 758-9463 or bwherrod@fairpoint.net

MAY

Saturday, May 1, Long Path Trail Maintenance
Join us for the spring clean-up. There is a lot to do to get the trails in shape for everyone to enjoy during the main hiking season. Until the date gets closer we will not know which trail requires the first effort. This is your chance to get some good exercise and “put something back in the trails”. Leader: Clark H. Galloway 439-3476; Co-leader: Paul K. Praus, 463-6624.

Wednesday May 5, Hadley Mountain C-3-B
Enjoy this popular mountain early in the season, before the black flies. Beautiful views of the Great Sacandaga Lake area. A four-mile round-trip climb on trail and rock, moderately steep, 1600 feet of gain. Co-leaders: Nancy and Will Crowther, 698-0531, or 864-5258, or nancy@crowther.org

Friday, May 7, Moreau Lake State Park Trail Building C-3-C
Help build a new trail. Our trail project will be taking place on the northwestern section of the park, across the Hudson River, off Hawk Rd. There are currently no marked trails on that side of the river, and the Park is hoping the trail building over the period May 6-8 will provide a base for a future network of trails. We will be working with volunteers from the Student Conservation Association. Our job as AMCRers will be making an initial pass-through with bow saws and loppers. We will be at the site from 9-5. Leader: Wally Herrod, 758-9463, or bwherrod@fairpoint.net

Saturday, May 8, Bald Mountain, Vermont C-3-C
This hike just east of Bennington is 3.8 miles round trip. Option to spot cars at the other end of the trail if there are enough hikers. Leader: John Good. 399-7795 or wjgood3@gmail.com

Saturday, May 8, Walkway Over the Hudson River and Fanny Reese State Parks C-3-C
Fanny Reese SP is on the west bank of the Hudson in Highland. We will walk the Ridgeline Trail which offers views of the river, then follow the Walkway loop crossing both the MidHudson and the new Walkway over the Hudson bridges for a total of about 6 miles. Steep stairs up to the Mid-Hudson Bridge. Leader: Sharon Bonk, 674-0042, or sbqc@mindspring.com

Wednesday, May 12 Kayaking on Kinderhook Lake
Join us for a two-hour evening paddle on Kinderhook Lake, in Columbia County. Meet at the Park and Ride just south of I 90 Exit 12 at 5:45 P.M. Leader: Randy MacDonald, 766-7675 before 9 P.M., or randy04415@yahoo.com

Saturday, May 15 Shaker and New Lebanon Holy Mountains, MA B-3-B
The trail to these scenic mountains leaves from Hancock Shaker Village, just west of Pittsfield, MA. Shaker Mt. is first, at 1,845 ft. (700 ft. ascent), and it alone is a 4.2 mi. round-trip. If the weather is nice and the group willing, we can make it a longer loop hike (6.5 mi.), by going on to Holy Mt (1927 ft.). Expect to discover historic ruins along the way. Leader: Wally Herrod, 758-9463, or bwherrod@fairpoint.net

Saturday, May 15, Overlook Mountain, Catskills B-2-B
Overlook Mountain offers excellent views from the fire tower located at the summit and from exposed cliff views to the east. The total distance for the loop is 5.0 miles with an ascent of 1,400 feet (summit elevation is 3140 feet). Most of the hike will be along a gravel road that ends at the Overlook Hotel ruins. The hike time will be approximately 4 hours with a lunch break at the top. Co-leaders Frank and Mary-Sue Reed, call by Thursday, 356-1036 (before 9 PM)

Sunday, May 16, Wittenberg, Cornell and Slide Mountains Catskills A-3-A
First we will spot a vehicle at the Slide Mt. trailhead on County Rt. 47. We will start from the Woodland Valley Campground trailhead and follow the red disc trail markers to Slide Mt. and back to the spotted vehicle. Hopefully, it will be a clear day. Distance is 9.85 miles and the ascent is 3720’. Leader: Kevin Cox, 279-4839 (before 9 PM) or mmcloug1@nycap.rr.com

Saturday, May 22 Kayaking on Catskill Creek and Ramshorn Marsh
Join us for 4-5 hours of exploration in this fascinating area, near Catskill, NY. Meet at the Catskill Elementary School parking lot at 10 A.M. Leader: Randy MacDonald, 766-7675 before 9 P.M., or randy04415@yahoo.com

Saturday, May 22, Cycling Washington County, NY.
This will be a bike ride in Grandma Moses country, via mostly scenic back roads to four protected farms, 22 miles with rolling hills. We will enjoy the history of the area and view a few of Grandma Moses’ painting sites and her still present working farm. We will also bike across the Buskirk Historic Covered Bridge on or way to Cambridge and back. Leader: Phil Fountain, 371-8585 or pfounta1@nycap.rr.com

Hike Ratings

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Sunday, May 23, Huckleberry Point, Catskills, B-3-C
This is a popular hike that leads to 1000 ft. high cliffs with sweeping views of the Hudson Valley. Round trip is 5 miles, ascent 1100 ft. Leader: Stacey Michon, 269-1858 rgril28@yahoo.com; Co-leader: Wally Herrod, 758-9463 bwherrod@fairpoint.net

Wednesday, May 26, Mohawk River St Park Niskayuna C-3-C
There are many woodland and meadow trails in this lovely park, with views of the Mohawk River, bird-watching, and spring wildflowers too. From Troy-Schenectady Rd in Niskayuna take Rosendale Rd to Lock 7 Rd. Cross over the Bike Trail, and park at the upper parking
Wednesday, May 26 Kayaking on the Hudson River
Join us for two hours of exploration on the Hudson River. Meet at Stuyvesant Landing, off Rt. 9J and Riverview St. in Stuyvesant, at 6:00 P.M. Leader: Randy MacDonald, 766-7675, before 9 P.M., or randy04415@yahoo.com

Thursday, May 27, Paddle Round Lake, NY
This will be the a early evening paddle to search out the Great Blue Heron nests on this small lake. 3-4 miles RT. Leader: Phil Fountain, 371-8585, pfountain1@nycap.rr.com

Saturday May 29, 2010, Tongue Mountain Fifth Peak B-2-B
Fifth Peak has great views of Lake George. The round-trip hike distance is 4 miles with an ascent is 1,200 feet. With a break for lunch on the top, the hike requires a little over 4 hours not counting the car trip. Co-leaders Frank and Mary-Sue Reed, call by Thursday 356-1036 (before 9 PM).

Sunday, May 30, Balsam & Eagle, Catskills, A-3-A
Distance: 8.5 miles Ascent: 2596’ Elevation: 3600’ & 3600’. A moderately paced trail hike. Leader: Ken Hubert, hikeleader3500@yahoo.com, or 718-463-5675 after 3pm, or 518-827-7327 Fri. & Sat.

Monday, May 31, (Memorial Day) Mt. Greylock, MA B-3-B
We will hike to the top of MA (3491 ft.) by starting at the 2,400-ft. trailhead on the newly-improved Notch Rd, and go north over Jones’ Nose. Ascent is 1,100 ft, distance 6 miles. This is a fine hike with many views, and a little less strenuous way to do Greylock, which is usually a 2200 ft. ascent. Leader: Wally Herrod, 758-9463, or wherrod@fairpoint.net

JUNE

Saturday June 5, Trails Day, Bear Mountain (CT) and Sages Ravine B-3-B
This is a beautiful area at any time of the year. Perhaps, mountain laurel will be budding on this Trails Day hike. We will ascend Connecticut’s highest point (2316 feet) from Mt. Washington State Forest (MA) after descending a short way into Sages Ravine. Approximately 5 miles with one steep ascent to the top. Leader: Sharon Bonk, 674-0042 or sbqcc@mindspring.com

Sunday, June 6 Tyringham Cobble, Ice Glen, and Laura’s Tower, MA C-3-B
Join us for a fun trip to these scenic and fascinating Berkshire venues near Stockbridge, MA. The Cobble is a 2-mile easy loop to a fine vista, with an elevation gain of 453 ft. We will then drive over to meander through the cool Ice Glen and on up to Laura’s Tower (elev. 1,465 ft, ascent 484 ft.), which is a two-mile loop. This is a great hike for young folks, so bring your children or grandchildren. The mountain laurel should be starting to bloom. LIMIT: 12. Leader: Wally Herrod, 758-9463, or wherrod@fairpoint.net

Saturday, June 12 Schodack Island State Park Shoreline/Trail Clean-up
See page 1.

Saturday, June 12 Dix Range Adirondacks AA-3-A
We will start at the Elk Lake trailhead and follow the red trail markers. After going 2.3 miles on this trail, we will go up the Macomb slide. From Macomb, we will follow the ridge to Carson and Grace. Then, we will head back to Carson to go to Hough Mt. From Hough, we will head to Dix Mt. and return to the trailhead. The distance is about 15 miles and the ascent is 5000 feet. Leader: Kevin Cox, contact by June 10, 279-4839 (before 9PM), or mmcloug1@nycap.rr.com

Saturday, June 12 Kayaking on Tivoli Marshes
Join us for 4-5 hours of exploring of Tivoli Marshes - North Bay, near Red Hook, NY. Meet at the Park and Ride just south of I 90 Exit 12, at 9 A.M. Leader: Randy MacDonald, 766-7675 before 9 P.M., or randy04415@yahoo.com

Sunday, June 20 Pleasant Valley Wildlife Sanctuary, MA C-3-C
Bring the whole family on this hunt for wildflowers and waterfalls in beautiful Pleasant Valley. The trails have some short hills, but also many boardwalks and bridges over brooks. Some of the adventurous in the group may wish to go on up to Lenox Mt., with its expansive views (el. 2,126 ft., ascent 800 ft.), but that would be optional. If there is time, we may also explore nearby Kennedy Park, which has all kinds of trails. This trip will leave in the early afternoon. LIMIT: 15. Leader: Wally Herrod, 758-9463, or wherrod@fairpoint.net

Wednesday, June 23, Vroman’s Nose, Middleburgh, C-3-B
A short, steep hike with a spectacular view across the Schoharie Valley to the Catskills to reward you. Trailhead on route 30 in Middleburgh. Co-leaders: Nancy and Will Crowther, 698-0531, or 864-5258, or nancy@crowther.org

Thursday, June 24, Annual Picnic, Schodack Town Park
See page 1

Friday-Sunday, June 25-27, Weston VT Hiking Weekend
A hike will be planned each day with time to explore the Vermont Country Store. Leader: Randy MacDonald. Reservations by April 15. See page 2

Sunday, June 27- Westkill Mt, Catskills, B-3-A
8 miles RT; ascent: 2400’; elev: 3880’. A moderately paced trail through-hike planned with a short shuttle. Leader: Bob Ricketson, contact by June 24, 943-5223 or bobrick@mhable.com

We Value Your Feedback
Tell us about yourself and what you like to do so that the chapter can better meet your needs. Take our online survey at: http://www.amcmohawkudson.org/survey/survey.asp
New Members

November - January

Marika Austin ................................. Ghent
Mr/Mrs. T. Bader .............................. E. Nassau
Donna Brown ................................. Granville
William Brunner ............................. Guilderland
Sloan/John Bullough ......................... Troy
Ann Cioce .......................... Clifton Park
Mr/Coiffy/Ms.Irish .............................. Schenectady
John Collins ............................... Watervliet
Laura Ellis ................................. Greenfield Ctr
Keith Evelth. .................................. Watervliet
Peter Frolish ................................. Schuyerville
Anita Gabalski ................................. Shushan
Marvin Garfinkel .............................. Schenectady
Joseph Gluck .............................. Schuylerville
Robert Halley ................................. Ravena
Cameron Hastile ............................. Albany
Stephen Herrick ............................... Albany
Lawrence Lessner ............................. Albany
Ms Lewis/MsWoods ........................... Cambridge
Miriam McGiver ............................... Cobleskill
Bryan Michon ................................. E. Greenbush
Jason Miller ................................. Waterford
William Paley .............................. Burnt Hills
Marc Peimer ................................. Guilderland
Bruce Ransom ............................... Canajoharie
Robert Robb ................................. Galway
Alan Ruiz ................................. Albany
Joanne Savarese .............................. Copake
Shaun Seese ................................. Argyle
Laura Shea ................................. Delmar
Kyle Shollenberger ........................... Rensselaer
Bill Skiff ................................. Castleton
Augustus Stude ............................... Saratoga Springs
William Terheun .............................. Albany
Paul Thomas ................................. Grafton
Mr./Mrs. VanEtten ............................. Latham
Susan Weinrich ............................... E. Nassau
Erika Wilson ................................. Albany
Ira Zimbler ................................. Ghent

Padma Krishna new
3500 Club Member

Padma Krishna, Schenectady, has become a member of the Catskill 3500 Club. To become a member, one must climb the 35 Catskill peaks 3500’ and over, including 4 peaks done in the winter. Congratulations, Padma!

AMC’s Spring Fling

Join members from other AMC chapters at the Mohican Outdoor Center Friday – Sunday, April 30-May 2. The Mohican Outdoor Center is located in western New Jersey near the Delaware Water Gap. Hiking, biking, paddling, Irish dancing are among the planned activities. Accommodations include multi bed cabins and tenting. For more information go to AMC’s website, http://www.outdoors.org/lodging/lodges/mohican/spring-fling-2010.cfm.

White Mountains Presidential Traverse

September 1-6

Advance notice! Mark your calendars for this classic White Mountain trek (AA-3-A) Leader Kevin Cox has planned a 3 day hike across the Presidential Range staying in Madison Springs, Lake of the Clouds, and Mizpah Springs huts. September 1, travel to Pinkham Notch. Using the AMC shuttle, the hike will begin at Valley Way AT trailhead on September 2 and conclude on September 5 at the Highland Center after climbing Mt. Madison, Mt Adams, Mt Jefferson, Mt Washington, and Mt Jackson. Return on September 6. For more details see the chapter website. Registration deadline is August 1. Contact Kevin at 279-4839, before 9PM, or mmcloug1@nycap.rr.com

Berlin Mt February 2010
Nancy, Wally, Chris, Gerry
Photographer Will Crowther

No Bottom Pond, February 2010
Photographer Frank Ward

Schodack Island State Park, January 2010
Photographer Frank Ward
A Word From our **Chapter Chair**

Ah Spring!... and hikers’ minds turn to what are the best ways to get out and enjoy it. Take a look at our many hiking and other activity listings and set aside some dates now to join us. We feature regional hikes for people of all abilities. A goal we have in the Mohawk Hudson Chapter this year is to recruit and train more leaders. Leaders are awarded a fine LL Bean fleece jacket embroidered with our logo and the words “Hike Leader.” Check our improved website at www.amcmohawkhudson.org for details.

Another aim is to activate and acquaint more of the members we do have with the opportunities the chapter offers to meet and network with others who enjoy what you do, and also encourage them to help us lead the chapter into the future. We have expanded our weekend-long and conservation activities, and continue to offer mid-week, weekend and HARP (hiking at a relaxed pace) trips. Your participation in attending, leading, and serving in chapter committee work and governance is vital.

Hope to see you soon! Wally Herrod

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Environmental Sensitivity

In our sensitivity to the environment, *On the Western Slope* is now printed on recycled paper with vegetable oil-based inks.

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**CHAPTER & CLUB EVENTS & MEETINGS**

April 12 ............. Executive Cmt, EGTL, 6:45
April 22 ............. Earth Day Chapter Potluck
See page 1
April 30/May 2.......... AMC Spring Fling
Mohican Center
June 5........................ Trails Day Hike
June 14.......... Executive Cmt, EGTL, 6:45
June 24.......... Chapter Picnic See page 1
June 25/27 ......... Vermont Hiking Weekend
August 9 .......... Exec Cmt, EGTL, 6:45

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Gerry Weber, Sharon Bonk, Notchview Reservation, MA, February 20, 2010

Chris Grossman, Kendra Pratt, Gail Stauble, Gerry Weber (leader), Anneliese Lawson, Colgate Lake Trail, February 17, 2010